Resource REVIEW

Missing Pieces
a new Bible study from
Jennifer Rothschild

Food for Thought
Chocolaty Indulgence
to brighten your day!

Are you READY
for a new look?
5 simple steps
to a better You!

Titus 2 model
women...ENGAGED, equipped, ENCOURAGED
WELCOME to By Design, the all-new, one-of-a-kind SBC of Virginia Women’s Ministry webzine designed to engage, equip, and encourage women in the area of women’s ministries and beyond.

Psalm 139:14 states, “I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

You were fashioned by the Designer of the universe! Your makeup is unique, and complex. You have your own goals, interests and needs. There is no one just like you, so our goal here at SBC of Virginia’s Women’s Ministries By Design isn’t to change you, but instead, to help you become a more Christ-like version of whom God has designed you to be. No matter where you are in life, our mission is to provide you with insightful articles and opportunities that will minister to you both body and soul.

We value you as a woman. Whether you’re single, a mother, grandmother, employed, employer, retired, an empty-nester, young, old, or somewhere in-between — we value you and welcome your comments, questions, and concerns.

Missing Pieces is a very deep personal study and Jennifer Rothschild has laid it out step by step to help us tell God our innermost hurts. It is a “must do” study if you are seeking God’s answers and wanting His will in your life.” —Sally

Does God care? Is He fair? Is He even there? Missing Pieces: Real Hope When Life Doesn’t Make Sense by Jennifer Rothschild explores these and other questions in this realistic look at the messy, mysterious uncertainties of faith. God's ways are not our ways, but you can still put your faith and hope in Him. Learn to trust Him more than your own feelings. As you draw close to God, He will reveal Himself and fill in the missing pieces. For participants who want to dive a little deeper still, Beth is introducing a five-tiered study approach that she has never done before.

As a result of this study, participants will:
- Experience unexpected peace in spite of unexpected heartache
- Learn to move forward regardless of their circumstances
- Gain a greater sense of peace through the storms of life
- Strengthen their faith even when they feel beat down by life
- Discover how to trust God more than feelings

To reserve this resource, or to view our complete list of WOMEN’S MINISTRY RESOURCES AVAILABLE FOR LOAN to your SBCV church visit SBCV.org.
RESOURCE List

SELECTING A STUDY DOESN'T HAVE TO BE DIFFICULT.
CHECK OUT THESE RESOURCES

A Women After God’s Own Heart
by Elizabeth George
10 sessions – for more information:
lifeway.com/Keyword/+women+after+god+s+own+heart

A Women’s Heart: God’s Dwelling Place (Updated)
by Beth Moore
10 sessions – for more information:
lifeway.com/Keyword/a+women+s+heart

Anointed, Transformed, Redeemed
by Kay Arthur, Beth Moore, Priscilla Shirer
6 sessions – for more information:
lifeway.com/Keyword/annointed+transformed+redeemed

Believing God
by Beth Moore
10 sessions – for more information:
lifeway.com/Keyword/believing+god

Beloved Disciple: The Life and Ministry of John
by Beth Moore
10 sessions – for more information:
lifeway.com/Keyword/beloved+disciple

Bible Studies by Demand for Women (Vol. 1)
by bestselling Bible Teachers such as Beth Moore, Priscilla Shirer, Angela Thomas, Jennifer Rothschild, and Anne Graham Lotz.
6 individual, stand-alone Bible Studies – for more information:
lifeway.com/Keyword/bible+studies+by+demand
Bible Studies by Demand for Women (Vol. 2)
by bestselling Bible Teachers such as Beth Moore, Mary Kassian, Tianne Moon, Jennifer Rothschild, and Lisa Whelchel.
6 individual, stand-alone Bible Studies – for more information:
lifeway.com/Keyword/bible+studies+by+demand

Bible Studies by Demand for Women (Vol. 3)
by bestselling Bible Teachers such as Beth Moore, Priscilla Shirer, Vicki Courtney, Jennifer Rothschild, and Kay Arthur.
6 individual, stand-alone Bible Studies – for more information:
lifeway.com/Keyword/bible+studies+by+demand

Brave
by Angela Thomas
7 sessions – for more information:
lifeway.com/Keyword/brave

Breaking Free
by Beth Moore
10 sessions – for more information:
lifeway.com/Keyword/breaking+free

Can We Talk? Soul Stirring Conversations with God
by Priscilla Shirer
7 sessions – for more information:
lifeway.com/Keyword/can+we+talk

Conversation Peace: The Power of Transformed Speech
by Mary Kassian
7 sessions – for more information:
lifeway.com/Keyword/conversation+peace

Covenant: God’s Enduring Promises
by Kay Arthur
8 sessions – for more information:
lifeway.com/Keyword/Covenant%3A+God%3Fs+Enduring+Promises

Cozy Mountain Retreat Kit: Where Women Find Shelter in God
by Beth Moore
7 sessions – for more information:
lifeway.com/womens-ministry/retreats/cozy-mountain-lodge

Creative Correction
by Lisa Whelchel
6 sessions – for more information:
lifeway.com/Keyword/creative+correction

Daniel: Lives of Integrity, Words of Prophecy
by Beth Moore
12 sessions – for more information:
lifeway.com/Keyword/daniel

David: Seeking a Heart Like His
by Beth Moore
11 sessions – for more information:
lifeway.com/Keyword/david

Discerning the Voice of God
by Priscilla Shirer
7 sessions – for more information:
lifeway.com/Keyword/discerning+the+voice+of+god

Do You Think I’m Beautiful
by Angela Thomas
7 sessions – for more information:
lifeway.com/Keyword/do+you+think+i+m+beautiful

Enjoy: A Look at Philippians
by Tianne Moon
7 sessions – for more information:
lifeway.com/Keyword/enjoy

Esther: It’s Tough Being a Woman
by Beth Moore
9 sessions – for more information:
lifeway.com/Keyword/esther

Every Life is Beautiful: The October Baby Bible Study
(Also available: the student edition leader kit)
4 sessions – for more information:
lifeway.com/Product/every-life-is-beautiful-the-october-baby-bible-study-leader-kit-p005508071

Faithful, Abundant, True: Three Lives Going Deeper Still
by Beth Moore, Kay Arthur, and Priscilla Shirer
7 sessions – for more information:
lifeway.com/Keyword/faithful+abundant+true

Fingerprints of God
by Jennifer Rothschild
7 sessions – for more information:
lifeway.com/Keyword/fingerprints+of+god
Five Conversations You Must Have with Your Daughter
by Vicki Courtney
5 sessions – for more information:
lifeway.com/Keyword/5+conversations+you+must+have+with+your+daughter

The Five Love Languages
by Gary Chapman
5-7 sessions – for more information:
lifeway.com/Keyword/five+love+languages

Five Love Languages for Children (VHS)
by Gary Chapman and Ross Campbell
for more information:
lifeway.com/Keyword/five+love+languages+for+children

For Women Only: What You Need to Know About the Inner Lives of Men
by Shaunti Feldhahn
7 sessions – for more information:
lifeway.com/Keyword/for+women+only

God’s Story
by Anne Graham Lotz
5 sessions – for more information:
lifeway.com/Keyword/gods+story+your+story+kit

He Speaks to Me: Preparing to Hear from God
by Priscilla Shirer
7 sessions – for more information:
lifeway.com/Keyword/he+speaks+to+me

Here & Now… There & Then: A Lecture Series on Revelation
by Beth Moore
11 sessions – for more information:
lifeway.com/Keyword/Here+%26+Now%3A+There+%26+Then

His Girl: A Bible Study for Teens
by Vicki Courtney
8 sessions – for more information:
lifeway.com/Keyword/his+girl

Interrupted: An Adventure in Relearning the Essentials of Faith
by Jen Hatmaker
5 sessions – for more information:
lifeway.com/Keyword/interrupted

James: Mercy Triumphs
by Beth Moore
7 sessions – for more information:
lifeway.com/Keyword/james+mercy+triumphs

Jesus the One and Only
by Beth Moore
10 sessions – for more information:
lifeway.com/Keyword/Jesus+the+One+and+Only

Jonah: Navigating a Life Interrupted
by Priscilla Shirer
7 sessions – for more information:
lifeway.com/Keyword/jonah+navigating+a+life+interrupted

Lies Women Believe
by Nancy Lee DeMoss
10 sessions – for more information:
lifeway.com/Keyword/lies+women+believe

Living Beyond Yourself
by Beth Moore
10 sessions – for more information:
lifeway.com/Keyword/living+beyond+yourself

Living Your Life as a Beautiful Offering
by Angela Thomas
7 sessions – for more information:
lifeway.com/Keyword/living+your+life+as+a+beautiful+offering

Lord, Teach Me to Pray
by Kay Arthur
5 sessions – for more information:
lifeway.com/Keyword/Lord%2C+Teach+Me+to+Pray

Loving God with All Your Mind
by Elizabeth George
6 sessions – for more information:
lifeway.com/Keyword/loving+god+with+all+your+mind
Loving Well: Retreat in a Box
by Beth Moore
4 sessions – for more information:
lifeway.com/Keyword/loving+well

Malachi: A Love that Never Lets Go
by Lisa Harper
8 sessions – for more information:
lifeway.com/Product/malachi-a-love-that-never-lets-go-dvd-leader-kit-P005474742

Me, Myself & Lies: A Thought Closet Makeover
by Jennifer Rothschild
7 sessions – for more information:
lifeway.com/Keyword/Me%2C+Myself+%26+Lies

Men are Like Waffles, Women are like Spaghetti
by Bill and Pam Farrel
7 sessions – for more information:
lifeway.com/Keyword/Men+are+Like+Waffles%2C+Women+are+Like+Spaghetti

Missing Pieces: Real Hope When Life Doesn’t Make Sense
by Jennifer Rothschild
7 sessions – for more information:
lifeway.com/Product/missing-pieces-real-hope-when-life-doesnt-make-sense-leader-kit-P005371622

Mom to Mom: Growing Together
by Linda Anderson
16 sessions – for more information:
lifeway.com/Keyword/Mom+To+Mom

Mom to Mom: Heart Talk
by Linda Anderson
12 sessions – for more information:
lifeway.com/Keyword/Mom+To+Mom

Mom to Mom: Inside Out Parenting: A Mom’s Mission
by Linda Anderson
16 sessions – for more information:
lifeway.com/Keyword/Mom+To+Mom

Nehemiah: A Heart that Can Break
by Kelly Minter
7 sessions – for more information:
lifeway.com/Product/nehemiah-a-heart-that-can-break-dvd-leader-kit-P005461775

One in a Million
by Priscilla Shirer
7 sessions – for more information:
lifeway.com/Keyword/one+in+a+million

Pursuing More of Jesus
by Anne Graham Lotz
6 sessions – for more information:
lifeway.com/Keyword/pursuing+more+of+jesus

Return to the Garden: Embracing God’s Design for Sexuality
by Kay Arthur
6 sessions – for more information:
lifeway.com/Keyword/Embracing+God’s+Design+for+Sexuality

Ruth: Loss, Love & Legacy
by Kelly Minter
6 sessions – for more information:
lifeway.com/Keyword/ruth+by+kelly+minter

Sacred Roads: Exploring the Historic Paths of Discipleship
by Heather Zempel
5 sessions – for more information:
lifeway.com/Keyword/sacred+roads

Scouting the Divine
by Margaret Feinberg
6 sessions – for more information:
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Seed Pack 1
by Priscilla Shirer
6 sessions – for more information:
lifeway.com/Product/seed-pack-1-p005189423

Seed Pack 2
by Priscilla Shirer
6 sessions – for more information:
lifeway.com/Product/seed-pack-2-p005442097
**Seeking Him: Experiencing the Joy of Personal Revival**  
by Nancy Lee DeMoss  
12 sessions — for more information:  
lifeway.com/Keyword/seeking+him+experiencing+the+joy+of+personal+revival

**Stepping Up: A Journey Through the Psalms of Ascent**  
by Beth Moore  
7 sessions — for more information:  
lifeway.com/Keyword/stepping+up

**Stepping Up: A Journey Through the Psalms Spanish Edition**  
by Beth Moore  
7 sessions — for more information:  
lifeway.com/Product/peregrinando-p005125347

**Surrendering the Secret**  
by Pat Layton  
8 sessions — for more information:  
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**The Patriarchs: Encountering the God of Abraham, Isaac, and Jacob**  
by Beth Moore  
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**The Power of a Praying Woman**  
by Stormie Omartian  
7 sessions — for more information:  
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**This is My Story**  
by Lisa Whelchel  
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**To Live is Christ: The Life and Ministry of Paul**  
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**Vision of His Glory**  
by Anne Graham Lotz  
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**Walking by Faith: Lessons Learned in the Dark**  
by Jennifer Rothschild  
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**When Godly People Do Ungodly Things: Arming Yourself in the Age of Seduction**  
by Beth Moore  
7 sessions — for more information:  
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**When Wallflowers Dance**  
by Angela Thomas  
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**Women to Women Mentoring: How to Start, Grow, and Maintain a Mentoring Ministry**  
by Janet Thompson  
for more information:  
lifeway.com/Keyword/woman+to+woman+mentoring

**Wonder Full World: Where Women Explore God’s Love and Wonder**  
by Group Publishing  
7 sessions — for more information:  
lifeway.com/Keyword/wonder+full+world

**Woven: Retreat for Teen Girls**  
5 sessions — for more information:  
lifeway.com/Keyword/woven+a+retreat+for+teen+girls+kit

**Your Girl: Bible Study for Mothers of Teens**  
by Vicki Courtney  
6 sessions — for more information:  
lifeway.com/Keyword/your+girl
By Design  winter 2013

FASHION style

Top 5 Beauty Tips

The following beauty techniques are the editor’s top five tips to help you “get your Glam on” without breaking the bank.

It’s how you present yourself! Beauty is not only about makeup, hair and clothing, it’s about attitude! Your attitude is a choice. No one else can control it, and only you can allow anyone or anything to affect it. It’s yours to do with what you want.

Circumstances often cause negative attitudes, but wouldn’t it be great if the opposite were true and a positive attitude influenced our circumstances? You have the power to change your own attitude and actions which is a much more practical approach than hoping your external circumstances will change. Instead of becoming overwhelmed by your circumstances, optimistically work through them. Each time something bad happens, you can choose to be a victim or choose to act objectively and learn from it. When someone else tries to bring you down by arguing or complaining, you can choose to receive it or refute it with a positive interpretation. It’s up to you! Change your attitude and change your perspective. Every situation is an opportunity to accentuate the positive and display a beautiful attitude.

Exfoliates, or facial scrubs, are cleansers specifically formulated to remove dead skin cells from the skin’s surface and expose fresh, healthy new skin. Old layers of surface skin clog your pores, trapping dirt and sweat and making your skin look dull and much more susceptible to blemishes. Exfoliating your face just twice a week gives you the same glowing results as an expensive facial. For decades, women have known that nature’s best exfoliate is oatmeal. Try this recipe for smoother, fresher skin:

1 cup oatmeal / 1 15” square piece of cheese cloth / 1 rubber band

Put the oatmeal in the cheesecloth and gather the ends, tying them off with the rubber band. Dip the bag in warm water and wring out the excess moisture. Rub over face in a circular motion, avoiding the eye area. This will rid your skin of dead cells and loosen blackheads. Next, undo the rubber band and apply the wet oatmeal to your face. Lean back and relax leaving the oatmeal on your face for five minutes before rinsing well with warm water. Finish up with your favorite moisturizer.

SPF — Sun Protection Factor. Keep your skin looking healthy and youthful for years to come by applying SPF. Unprotected exposure to the sun’s ultraviolet rays (UVA) or UVB produces 90% of the symptoms related to skin cancer and premature aging, such as wrinkles and age spots. In order to avoid the danger, it is important to se sunscreen with a SPF of 15 or higher. For maximum protection, you must apply SPF daily.
Update your hairdo. Don’t get caught in a time warp with your hair style. Try an updated new style, and remember, if you don’t like it, it will grow out. Find a style or two that you like in a current magazine and take the picture with you to the hairdresser. Ask the stylist if either will work for your hair type and how difficult it will be to reproduce it at home. If the styles you choose will not work, ask the stylist for recommendations.

One day my hubby and I were strolling the streets of New York City when a billboard caught my eye. It read, “More people will do a double take when they see a smile than when they see a brand new luxury automobile roll off the showroom... so SMILE!”

Without a doubt, a beautiful smile can be one of your most attractive features. A radiant smile gets you noticed wherever you go and can even be an icebreaker in social settings. It speaks all languages to all generations. Making the most of it is a must! Take care of your smile by brushing, flossing, and rinsing with a bacteria preventing mouthwash and it will serve you well.

Romans 15:5

*May God, who gives this patience and encouragement, help you live in complete harmony with each other—each with the ATTITUDE of Christ Jesus toward the other.* (NLT)
CHOCOLATE CAKE FOR THE SOUL

2 cups all purpose flour
1 teaspoon salt
1 teaspoon baking powder
2 teaspoons baking soda
3/4 cup unsweetened cocoa
2 cups sugar
1 cup vegetable oil
1 cup hot coffee
1 cup whole milk
2 eggs
1 teaspoon vanilla extract

Preheat oven to 325 degrees. Prepare two round cake pans by greasing with butter and dusting with flour. Sift together flour, salt, baking powder, baking soda, cocoa, and sugar. Add vegetable oil, hot coffee and milk. Mix on medium speed for 2 minutes. Next add eggs one at a time mixing well after each addition, and vanilla. Beat an additional 2 minutes. Batter will be thin. Divide evenly, pouring batter between the two cake pans, place in preheated oven and bake 25-30 minutes or until cake tester comes out clean.

FROSTING

1/2 cup (1 stick) butter or margarine
2/3 cup cocoa
3 cups powdered sugar, sifted
1/3 cup whole milk
1 teaspoon vanilla extract

Melt butter. Stir in cocoa. Alternately add powdered sugar and milk, beating to a spreadable consistency. (If needed, add additional milk to reach a spreadable consistency.) Stir in vanilla. Makes about 2 cups frosting.
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PRISCILLA SHIRER

REGIONAL CONFERENCES:
visit sbcv.org/articles/category/womens_ministries for conference details

MARCH 9  CENTRAL-WEST & SOUTHSIDE Regions combined, Beulah BC, Lynchburg
MARCH 16  NORTH Region, Calvary Road, Alexandria
APRIL 6    SOUTH Region, South Fork BC, Marion
APRIL 13   VALLEY Region, Green Ridge BC, Roanoke
APRIL 27   Statewide Women’s Events Combined! Priscilla Shirer with Regional Women’s Conference CENTRAL-EAST Region, Grove Ave. BC, Richmond
MAY 4      SOUTHEAST Region, River Oak Church, Chesapeake

For more information on the Priscilla Shirer conference: lifeway.com/Event/Womens-Event-Priscilla-Shirer-Live-Richmond-VA

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SBC of Virginia
WOMEN’S MINISTRY
4956 Dominion Blvd
Glen Allen, VA 23060
888-234-7716
804-270-1848 (local)
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Women’s Ministry Strategist
Tammy Bennett
tbennett@sbcv.org — EMAIL
888-234-7716 — PHONE
@SBCVgal — TWEET