

MOUNTAIN MOVERS

PRAYER JOURNAL

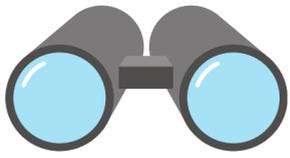
HELPING KIDS LEARN TO PRAY



Mountain Mover's Name

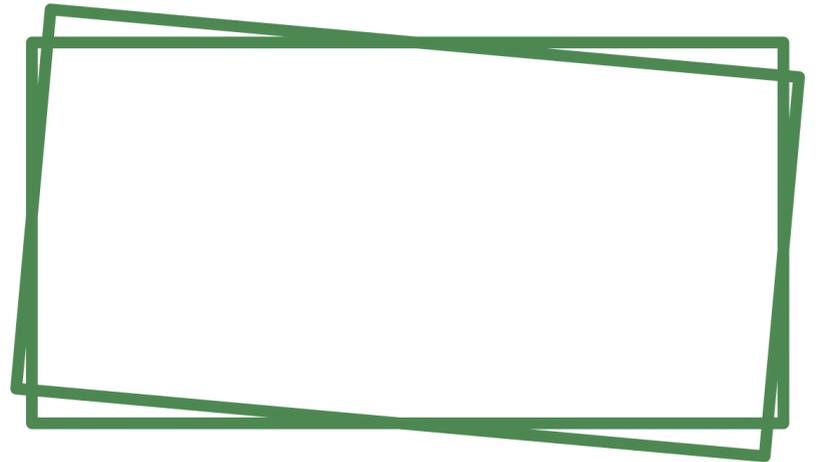
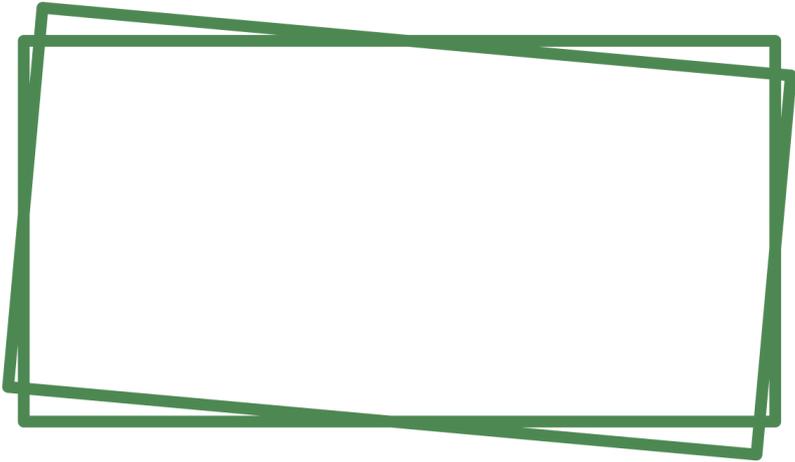
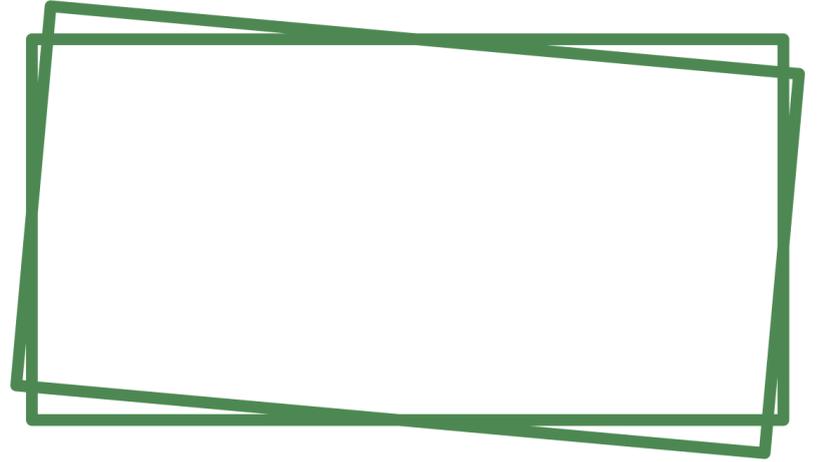
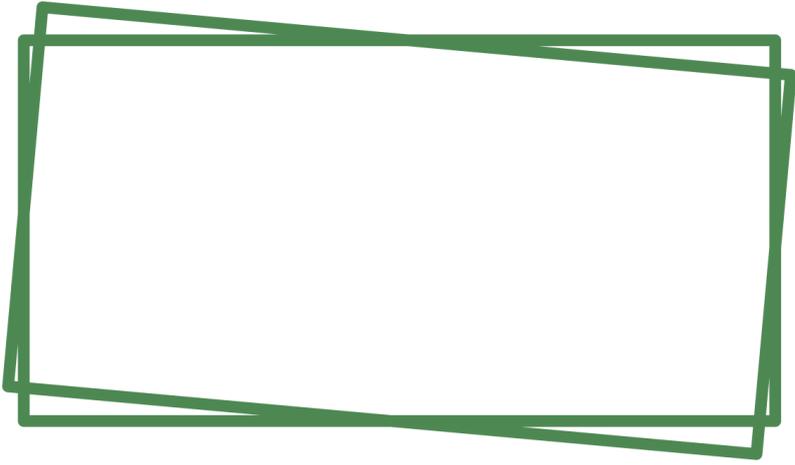
PRAYER REQUESTS

Write out your prayer requests all over this page. Cross them off as God answers them.



God Sightings:

(What you saw today that reminded you of God)

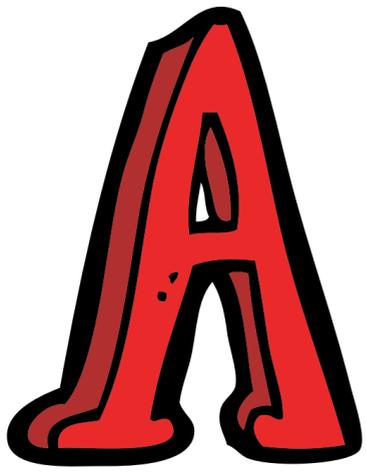


"For everything was created by Him, in heaven and on earth, the visible and the invisible, whether thrones or dominions or rulers or authorities—all things have been created through Him and for Him."

Colossians 1:16



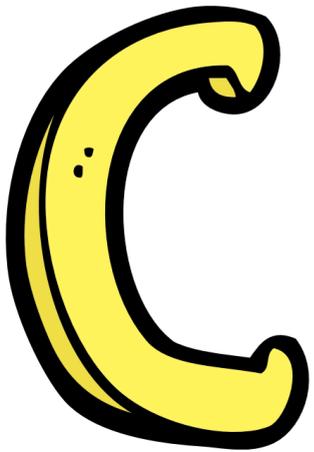
I praise God for...



ADORATION

A large, empty rectangular box with a black border. At each of the four corners, there are three small black arrows pointing inward toward the center of the box.

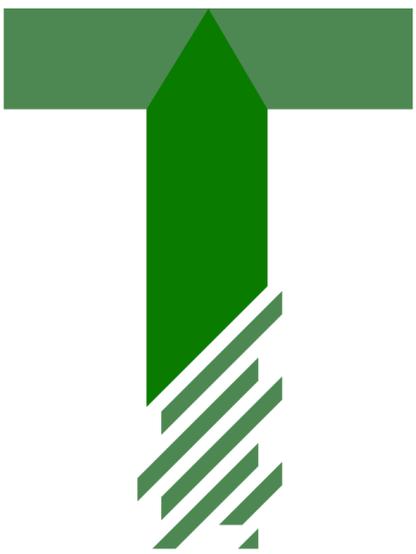
I'm sorry for...



CONFESSION

A large, empty rectangular box with a black border. At each of the four corners, there are three small black arrows pointing inward toward the center of the box.

I'm thankful for...



THANKSGIVING

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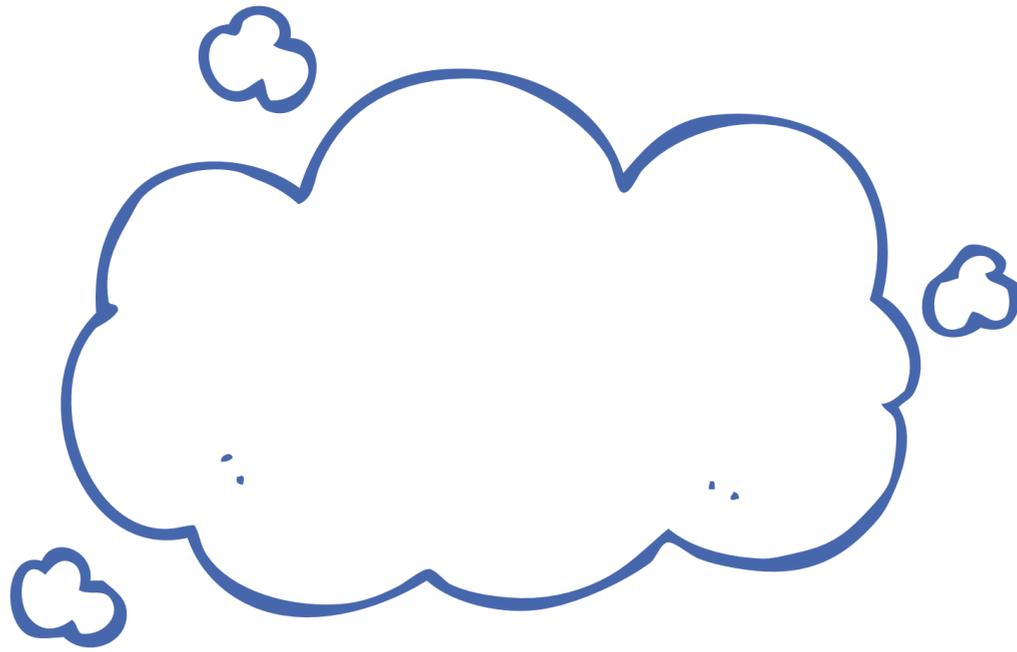
I ask God for...



SUPPLICATION

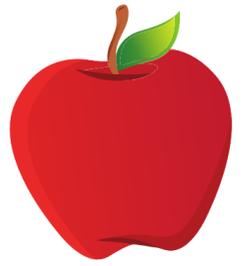
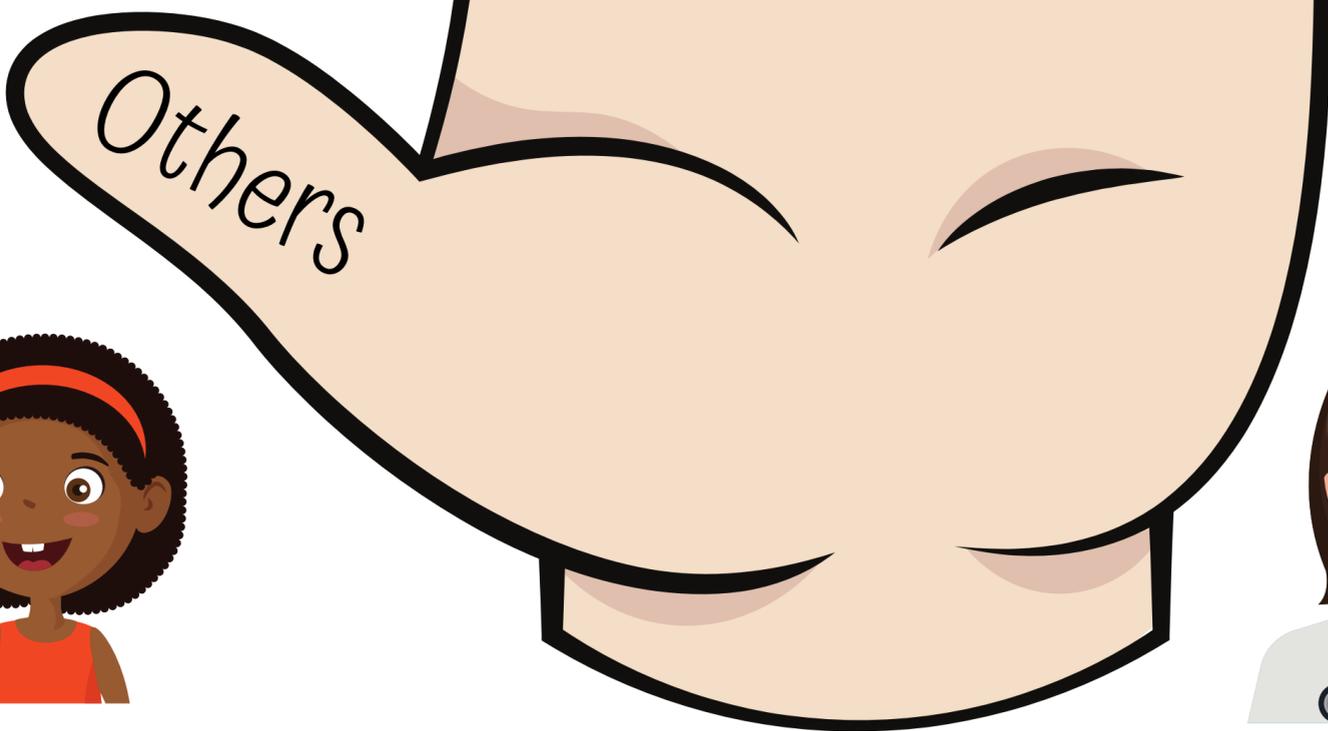
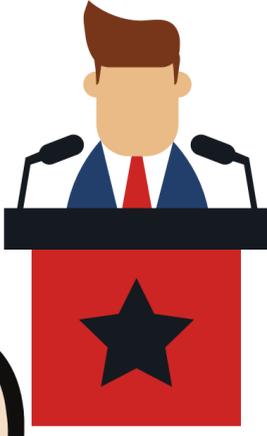
A large, empty rectangular box with a black border. At each of the four corners, there are three small black arrows pointing inward toward the center of the box.

Ask God to bring someone to mind who needs prayer. Write that person's name below:



Write out your prayer below:

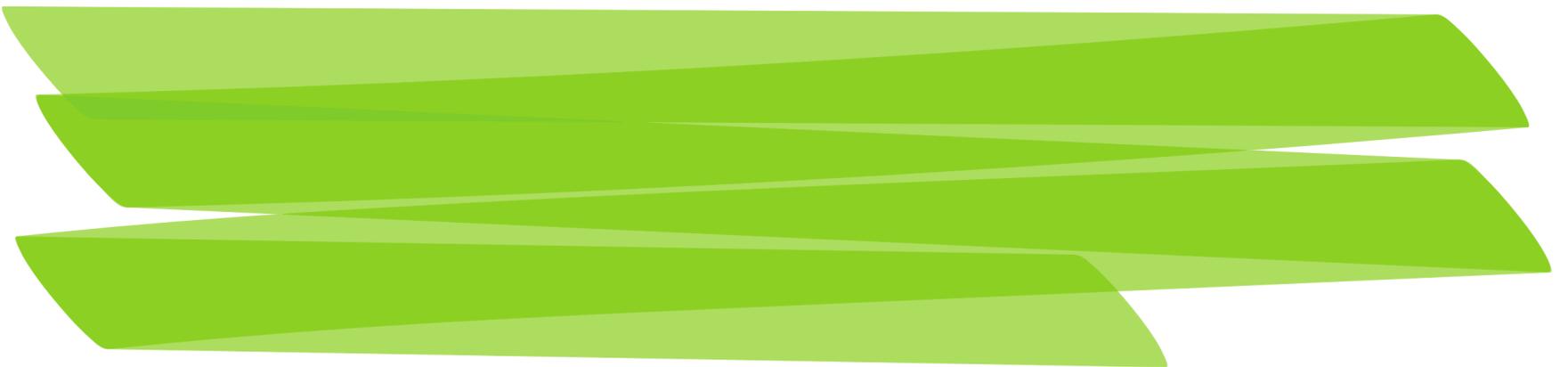
A large, empty rectangular area defined by a thick yellow border, intended for writing out the prayer.



- The pinkie finger is your smallest finger. Pray for yourself.
- The ring finger is the weakest. Pray for the sick, poor, and in need.
- The middle finger is the tallest. Pray for leaders in government, business, and church.
- The pointer finger is used to give directions. Pray for coaches, teachers, and doctors.
- Your thumb is closest to your heart. Pray for family and friends.

Tell God the highlight of your day

(Write it in green space below)



"THE SACRIFICE YOU DESIRE IS A BROKEN SPIRIT. YOU WILL NOT REJECT A BROKEN AND REPENTANT HEART, O GOD."

PSALM 51:17

In what ways do you need to ask forgiveness?

(List those ways beside the broken hearts)



God, thank you for always forgiving me. I know I don't deserve it, but I am so thankful that you always love me, no matter what. Amen!

Circle the emoji of your current mood and pray about it:



EM JI PRAYER



THANK GOD FOR FRIENDS AND FAMILY WHO LOVE YOU



PRAY FOR SOMEONE WHO IS SICK



PRAY FOR SOMEONE WHO IS SAD



PRAY FOR SOMEONE WHO IS HURT AND ASK GOD TO HEAL THEM



THANK GOD FOR FRIENDS WHO MAKE YOU LAUGH



ASK GOD TO HELP YOU FORGIVE SOMEONE WHO MAKES YOU ANGRY



THANK GOD FOR YOUR CLOTHES AND HOUSE

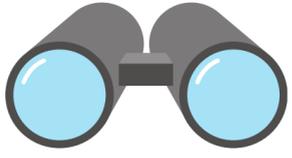


SPEND 3 MINUTES IN PRAYER SAYING NOTHING. JUST LISTEN FOR HIS VOICE.

What do you think God told you?

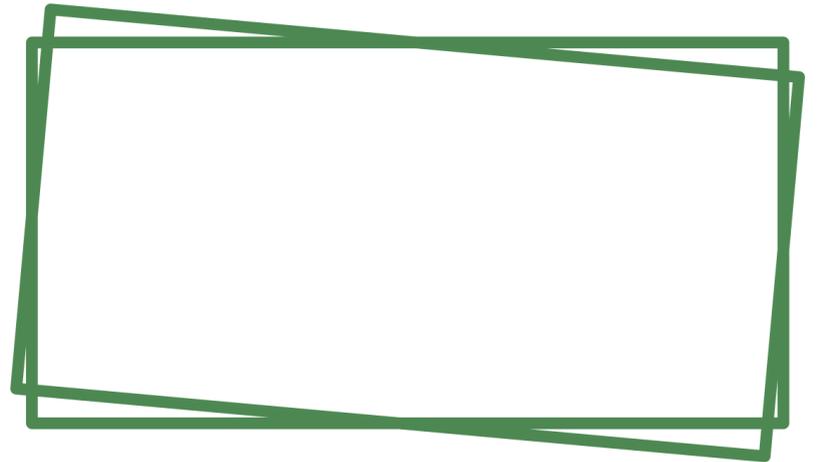
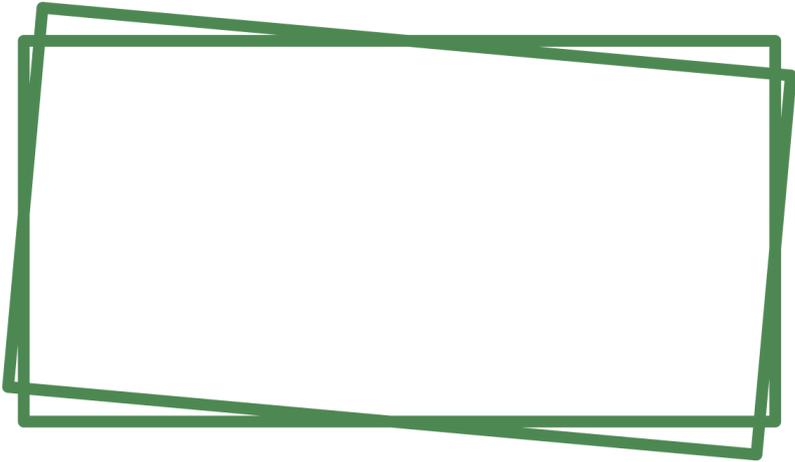
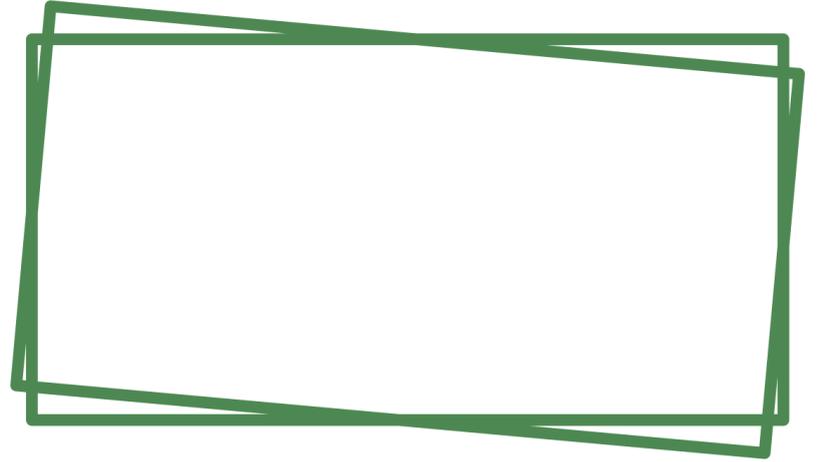
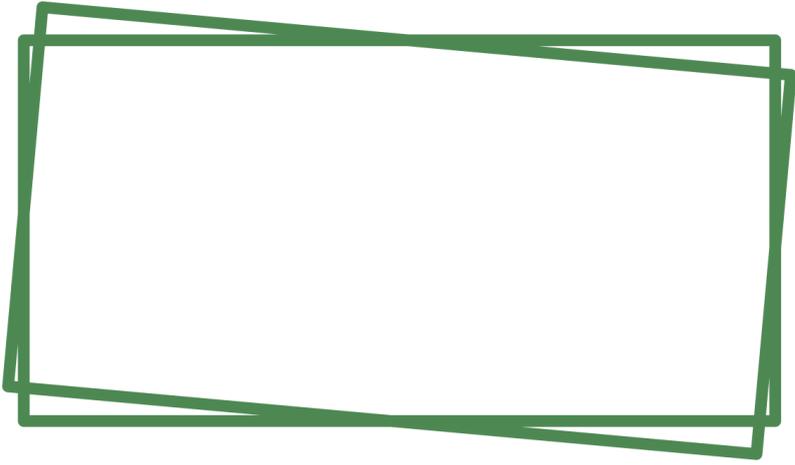
Ask God to speak to you as you read through His Word. Read Psalm 121. What do those verses say about God?





God Sightings:

(What you saw today that reminded you of God)



"For everything was created by Him, in heaven and on earth, the visible and the invisible, whether thrones or dominions or rulers or authorities—all things have been created through Him and for Him."

Colossians 1:16





WRITE DOWN YOUR NAME. FOR EACH LETTER IN YOUR NAME, THANK GOD FOR SOMETHING THAT BEGINS WITH THAT LETTER.

(Write your name on the line below. Underneath the line, write what you are thanking God for.)

NAMES OF GOD

(Think about some Names of God and what they mean. Then, pray over the Names of God.)

JESUS

OUR DEFENDER

THE LIVING GOD

SHEPHERD

HEALER

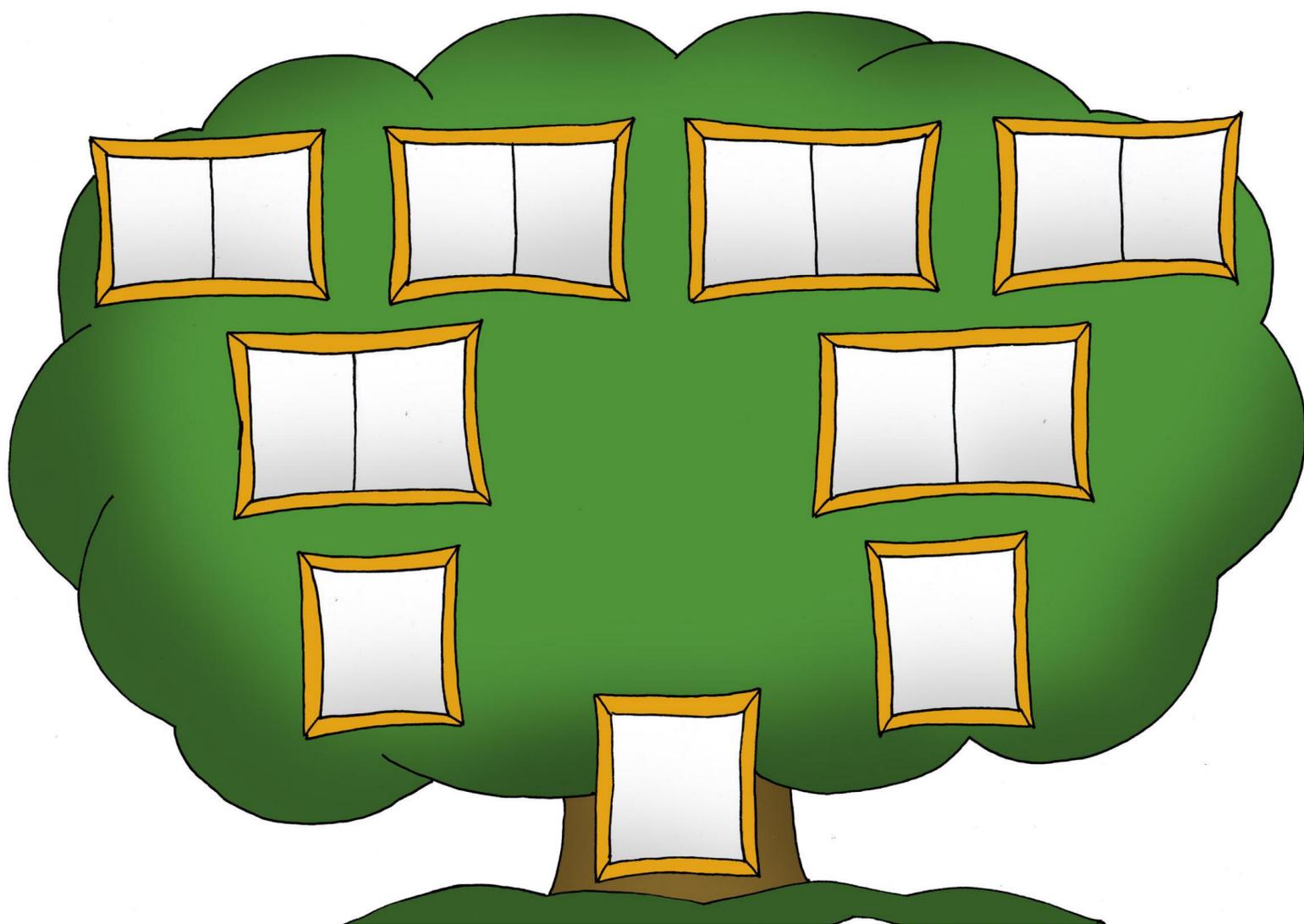
MY ROCK

PRINCE OF PEACE



**TELL GOD SOMETHING THAT IS
HARD FOR YOU. ASK HIM TO
HELP YOU WITH IT.**

My Family Tree



Pray for members of your family

Write down unsaved family members who need
Jesus and pray for their salvation

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**THROUGHOUT THIS PRAYER JOURNAL,
HOW DID YOU SEE GOD ANSWER YOUR
PRAYERS?**



WHAT DID YOU LEARN ABOUT PRAYER?

friends

**THINK OF A FRIEND THAT YOU WOULD
LIKE TO INVITE TO BE A MOUNTAIN
MOVER. WRITE THEIR NAME BELOW:**