



Hayley Wilson

FIXATING ON WHAT IS TRUE

Fixate: “to make fixed, stationary, or unchanging.”

In John 17:17, we have Jesus praying to the Father. He asks the Father to, “Sanctify them by the _____; your word is _____.”

How do we fixate on truth?

1. We have to be ____ God’s Word, His truth, daily.

Quiet Time

What it is:

What it isn’t:

2. We have to _____ and _____ on God’s Word.

Memorization

3. We have to _____ our thoughts through God’s Word.



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Philippians 4:8

Finally brothers and sisters, whatever is _____, whatever is _____, whatever is _____, whatever is _____, whatever is _____, whatever is _____—if there is any moral excellence and if there is anything praiseworthy—dwell on these things.

John 14:27

Peace I leave with you. My peace I give to you. I do not give to you as the world gives. Don't let your heart be troubled or fearful.

**“Visit many good books,
but live in the Bible.”
- Charles H. Spurgeon**