

Alex & Jess Garcia

 Europe • December 4, 2022

Today for our missions prayer time, we're going to London, England. That's where two of our missionaries — Alex and Jess Garcia — are serving. Our church supports them through our Cooperative Program giving.

They have developed a unique ministry focused on sharing the gospel with people who are suffering from depression. Turns out, they have a lot of people to reach, because it's estimated about one in every four people in Europe struggle with depression.

Alex and Jess form what they call “well groups,” which are groups of three to five people. They focus on mutual prayer, accountability and renewing the mind through learning stories of hope in the Bible. They lead people to let go of their old identity and embrace a new identity in Christ.

Alex and Jess created this new ministry after they themselves went through a period of burnout five years ago — but trusted God to bring true healing in Him. Let's pray now for Alex and Jess as they lead people to healing that includes the eternal healing available only in Jesus Christ.

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