

WHAT TO BRING

Checklist

Devotional Materials

- Bible
- Devotional
- Witnessing tracts



Identification

- DR ID badge
- Driver's license
- Vehicle registration
- Phone list
- Insurance info (health & vehicle)



Supplies/Equipment

- Flashlight/lantern
- Watch/clock
- Canteen/water bottle
- Bedding (air or foam mattress, cot, and covers)
- Special personal items you need for health, safety, or comfort



Miscellaneous

- Money (\$20-200)
- Cell phone & charger
- Notebook
- Pencils or pens
- DR travel handbook



Clothes (4-7 Days)

- DR caps, shirts, jackets
- Work shoes
- Coat/jacket
- Waterproof footwear
- Jeans/work pants
- Socks (2/day)
- Shirts
- Work gloves
- Underwear
- Rain suit/poncho
- Sleepwear
- Sneakers
- Flip flops
- Bandanas/handkerchief
- Laundry bag



Hygiene

- Deodorant
- Hand sanitizer
- Soap/shampoo
- Body wipes
- Dental floss
- Mouthwash
- Chapstick
- Towels/washcloth
- Toothbrush
- Comb/brush
- Hairspray
- Shaving cream
- Razor
- Toilet paper



Health & Safety

- Medicine (prescription & over-the-counter)
- Allergy kit: bees, etc.
- Sun block (SPF 15+)
- Diarrhea/laxative cures
- Antacids
- Insect spray
- Skin lotion
- Blister kit
- Foot powder
- Antifungal ointment/spray
- Healing ointment (Neosporin)



Personal Needs

- Diet food
- Snacks



Remember to leave behind any info regarding where you are and how to contact you in case of emergency.

HIGHLIGHTED items are for Disaster Relief Deployments only and not necessary for Rebuild.



SBCVirginia
You are not alone.



For more information
visit sbcv.org/dr