



## Skip Ahead Snack Rotation

Welcome to Skip Ahead Snacks! The following will assist you in leading the snacks rotation for Lifeway's *Twists & Turns* VBS.

### You will need...

- VBS 2023 Snack Rotation Recipe Cards (2 sets)
- VBS 2023 Tablecloth.
- Square plates – Write the following inside each plate: Bible-Related; Theme-Related; Preschool Friendly; Gluten Free; Allergy Alert; Dinner Options; and Store-Bought.
- Index Cards – Write the following on cards: *Teddy Grahams*; *Blue Icing*; *Graham Crackers*; *Sprinkles*; *Twizzlers*; *Apple Slices*; *Crackers*; *Frozen Mini-Pancakes*; *Bananas*; *Coffee Stir Sticks*; *Strawberries*; and *Syrup*.
- Five place card holders.
- Snack-size ziplock bags (1 per conferee)
- Supplies and ingredients for “Marble Mix” (Recipe Card 10) – Prepare the snack mix. Scoop a small amount/individual serving into a snack-size ziplock bag and seal. Prepare enough for each conferee to receive a bag.
- Supplies and ingredients for the Bible-Related Snack, “Fishing Gear” – Prepare snacks to display.
- Sample “Store Bought Snack Options:” large pretzel rods, potato sticks, Twizzlers®, and butter cookies.

### Room Setup...

Arrange chairs in a semi-circle. Arrange the square plates in a “Tetris” design and tape them on a wall behind you. Cover a table with the tablecloth and display the Bible-Related Snack Cards (Bible story out) in a place card holder on the table. Place the “Fishing Gear” snacks in front of the Day 1 card. Display the curriculum alongside other snack ingredients and tabletop decorations.

### Teaching Steps...

#### 1. Welcome

- Welcome conferees to Skip Ahead Snacks and state that this year's snacks are going to be so fun!
- Mention that hands-on snack making is encouraged at Twist and Turns!
- Point to the “Tetris” plates and explain that you will review all the information needed for kids to create memories while eating and making delicious snacks at VBS.

#### 2. Bible-Related Snacks

- State that there are five Bible-Related Snack options.
- Show the Bible-Related Snack cards and briefly summarize each day's Bible story and main point. Be sure to take an extra minute on Day 1 to share the “Fishing Gear” snack example.
  - Day 1: Jesus is Holy (“Fishing Gear”)
  - Day 2: Jesus is Trustworthy (“Walking on Water”)
  - Day 3: Jesus is Forgiving (“Sea of Galilee Breakfast”)
  - Day 4: Jesus is Worth Following (“Leaping Treats”)
  - Day 5: Jesus is for Everyone (“Cornelius’ Crackers”)
- Point out the Kid Connection on each card to the conferees. Emphasize the importance of talking with kids about each day's Bible story during snack rotation. Highlight tips and other options on each card. Make sure conferees understand how each snack ties to a Bible story.
- Invite two volunteers to guess the ingredients of the “Walking on Water” and “Sea of Galilee Breakfast” snacks.
- Display the index cards and read the ingredients written on them. Explain that some ingredients are correct, and some are not.
- Allow 1-2 minutes for the volunteers to sort through the postcards and select the ones they believe are part of the two snacks.

- Thank the volunteers and tell them to return to their seats while you go over what they guessed. Reveal which ingredients are correct.

### 3. Theme-Related Snacks

- Explain that in addition to the Bible-Related snacks, there are 20 additional themed recipes that are also great snack options.
- Choose a few volunteers to distribute bags of premade “Marble Mix” (recipe 10) to each conferee. Encourage conferees to enjoy the snack while you continue sharing about the VBS 2023 Snack Cards.
- Review the first 10 recipe cards and briefly mention your favorites. Point out any tips or suggestions for substitutions.

### 4. Preschool Friendly, Gluten Free, and Allergy Alert

- Review the important icons found on each recipe card. Point out the orange circle that denotes Preschool Friendly snacks. Point out the black circle that denotes Gluten Free snacks.
- Encourage conferees to be aware of allergies and prepare alternate snacks for children with them. Say, “You may want to designate specific tables for kids with allergies or consider using colored wristbands or special name tags to help safely identify children with allergies.

### 5. Dinner Option

- Mention that many churches conduct VBS at night and provide meals for families since parents and volunteers are coming straight from work.
- Invite a volunteer to read through the meal suggestions on the “Dinner Options” card.
- Comment: “You may not be able to use all of the recipes provided, but you can look for ways to DIY a great meal.”

### 6. Store Bought Snacks

- Point out the snack card with the list of store-bought snack ideas and show the large pretzel rods, potato sticks, Twizzlers®, and butter cookies.
- Ask conferees to share any other store-bought snack ideas that are not listed on the cards.

### 7. Closing

- Mention that snack time is also a great opportunity to provide a special snack or treat to VBS volunteers.
- Thank conferees for coming and close in prayer.



To order Lifeway’s Twist and Turns VBS Snack Rotation resources and more go to:  
<https://vbs.lifeway.com/twists-turns-resources/>

If you have questions or need more help, please contact Kelly Little:  
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