



Sea Lion Snack Rotation

Welcome to Sea Lion Snacks! The following will assist you in leading the snacks rotation for Lifeway's Breaker Rock Beach VBS.

You will need...

- *VBS 2024 Snack Rotation Recipe Cards* (005846914)

Room Setup...

Gather room decoration ideas from the *VBS 2024 Decorating Made Easy*. Hang the *VBS 2024 String Flags* or *Whirleys* across the ceiling around or over the chairs. Place the *VBS 2024 Tablecloths* over two tables to display snack ingredients, and one *VBS 2024 Inflatable Sea Lion*. Place the *VBS 2024 Floor Prints* around the floor in the room. If wall space allows, hang the *VBS 2024 Visual Pack* on a focal wall to reference throughout the session.

Teaching Steps...

1. Welcome (5 Minutes)

- Welcome fellow "beach-goers" (conferees) to Sea Lion Snacks.
- Ask a few conferees to weigh in on a few "This or That" questions such as:
 - Do you prefer savory or sweet?
 - Fruity or chocolate?
 - Animal crackers or goldfish?
 - Cookies or ice cream? (or BOTH!)
- Explain that next you will review "all things" to make snacks at VBS an incredible and memory making experience for each child—while getting to make and eat delicious snacks.
- Mention that hands-on snacks are highly encouraged at Breaker Rock Beach!
- Inform the conferees that the Snack Cards contain snacks for both preschoolers and elementary age kids. A small yellow kite denotes if the snack is preschool friendly.

2. Snack Types (10 Minutes)

- Remind conferees of the Day 1 point (Truth Comes from God) and Bible Story (Satan Tricked Adam and Eve). Ask them what they think the snack could be. Allow guesses. Once a few answers are in, read and show the Day 1 Snack.
- Do the same with each day to see if conferees can guess the snack and see the connection to the Bible Story and daily point.
- Explain that along with the five Bible-related Snacks, there are 20 additional themed recipes so there are many creative snacks to choose from.

3. Snack Safety (5 Minutes)

- Say: "One of the most important duties of being a snack team member is to know which children have allergies and what they are allergic to. Here are some suggestions for helping find out that information:
 - Include a place to collect allergies on the registration form.
 - Provide a menu to parents in advance so other arrangements can be made.
 - Provide an alternative snack option or ask parents to provide an allergy-friendly snack for their child.
 - Ask kids if they have allergies. Those who do will likely be taught what they can and cannot have.
 - Throughout the recipe cards, some snacks are labeled as "Gluten Free." These are marked with a purple kite. Remember, all the ingredients used to make the snack MUST be gluten free. Always double check the label to be certain before serving.
- Say: "Child safety must always be a top priority, so remember to take your time and don't take shortcuts in order to make sure each child is taken care of. We want their parents to know we are taking proper steps to care for their children in our care so we will see them on the Sunday following VBS at our church."

4. **Lunch & Dinner Options** (5 Minutes)

- Inform conferees that many churches have VBS during lunch or dinner hours and provide meals for families.
- Call attention to the “Dinner Options” card.
- Go through each option and ask for suggestions and ideas for any pairings of meal options.
- Let them know that you may not be able to do them all, but you have a terrific resource to create a great meal option for VBS!

5. **Seeing Christ at Snack Time** (5 Minutes)

- Say: “Snack and recreation rotations can easily be scheduled close together or as part of the same rotation. This is a great opportunity to reinforce the Bible truths the children will learn each day.”
- Remind conferees to be familiar with each day’s Bible story, Today’s Point, and the theme verse. Encourage them to write out each day’s Bible story and point on their tablecloths so the kids can see it when they sit down.
- Suggest they ask questions of the children as they eat to see if they can recall what has been taught.
- Highlight the “Sharing the Gospel” and “ABCs of Becoming a Christian” cards. Ask the conferees if they can remember each point and what the ABCs are. Remind them that plans are always worth interrupting in order to speak to child about Jesus or answering a question about becoming a Christian.

6. **Helpful Tips for Snacks** (5 Minutes)

- Say: “Here are some helpful tips to make Sea Lion Snacks one of the most successful rotations for kids and your leaders.”
 - Pray over each child and the families that are attending.
 - Be prepared.
 - Scout out prices at stores and ask for donations from your church members.
 - Plan out recipes in advance and prep anything that can be done the day before.
 - Know the number of kids you are serving each day. Don’t forget the leaders too.
 - Be clear in the instructions you give each child. Be patient and kind with your words.
 - Decorate your snack area.
 - Refer to *VBS 2024 Decorating Made Easy* for quick tips and ways to help bring some additional excitement to your snack area. Also, see the “Decorating Ideas” card in the *Snack Rotation Recipe Cards*.
 - Clean the snack area each day and store equipment and supplies at the end of the VBS Week.

7. **Closing**

- Mention that that snack time is so vital to the VBS experience! It is never “just snack time.” This is another opportunity to share the good news of Jesus in a super fun way!
- Thank conferees for coming and close in prayer.

To order Lifeway’s Breaker Rock Beach VBS Snack Rotation resources and more go to:

<https://vbs.lifeway.com>

If you have questions or need more help, please contact Kelly Little:

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