



Train Yourself for Godliness

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Devotion

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“For while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.” — 1 Timothy 4:8

Do you value strategic planning? Do you see the benefits of planning ahead for the future? If you do, here’s an investment tip from Paul for your future: train yourself for godliness. That investment will last. The false teachers in Ephesus (where Timothy was located) loved their money and stockpiled their valuables for the here and now. But Paul says that’s foolishness. Invest for eternity. He says this statement — that training in godliness is valuable in every way — is a statement “trustworthy and deserving of full acceptance.” So Christian, do you accept it? Do you understand that godliness (centering your life on God) is not just about stoic religiousness but about life, real life — both now and forever? Do you see the value of this? Just like physical training, training in godliness is hard and often slow in seeing results. But unlike physical training, the yield of godliness training is valuable not just for this life, but for the one to come.



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