



DEVOTION: March 1, 2020

Small tweak, significant change
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Do you ever feel so overwhelmed that you just want to throw your hands up and walk away? Do you ever feel like you are losing heart?

In **2 Corinthians 4:16**, Paul identifies the secret to not losing heart. Paul writes, “**The outer man is decaying, yet our inner man is being renewed day by day.**” In other words, even though our outer man experiences struggles, disappointments, and trials, we do not have to be overcome by them because our inner man can be renewed day by day.

That verse changed my perspective. My focus had been on my struggles, but now I am seeking to place my attention on my daily renewal. I needed to focus more on who I was becoming in Christ and less on my difficulties.

If you are feeling overwhelmed, discouraged, and on the verge of “losing heart,” let me encourage you to follow the sound counsel found in **Hebrews 12:2** to “**fix our eyes on Jesus, the author and perfecter of faith.**” Focusing in on the example of Jesus leads to renewal while focusing on your struggles leads to discouragement. The choice is clear, and it will change your life.



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