

FOCUS

WOMEN'S LEADERSHIP CONFERENCE

FOR ALL RESOURCES AVAILABLE
AT THIS CONFERENCE VISIT:

[SBCV.ORG/FOCUS](https://www.sbcv.org/focus)



FOCUSING ON HEALTHY SOLITUDE IN CHRIST

DOLLY MINK

1. BE INTENTIONAL

(Mark 6:7-13; 30-32)

- » Create a space

- » Make time, don't find time or wait.

- » Be flexible but determined.

2. BE SURE

- » Don't be afraid to delegate.

- » Make sure it's supposed to be you.

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3. BE CAREFUL

» Establish Boundaries

» Set a time

» Set a limit

» Recognize issues

» Respect Boundaries

» Social Media

» Relationships

» Privacy