

# WHAT TO BRING

## Checklist

### Devotional Materials

- Bible
- Devotional
- Witnessing tracts



### Identification

- DR ID badge
- Driver's license
- Vehicle registration
- Phone list
- Insurance info (health & vehicle)



### Supplies/Equipment

- Flashlight/lantern
- Watch/clock
- Tent
- Canteen/water bottle
- Bedding (air or foam mattress, cot, and covers)
- Special personal items you need for health, safety, or comfort



### Miscellaneous

- Money (\$20-200)
- Cell phone & charger
- Notebook
- Pencils or pens
- DR travel handbook



### Clothes (4-7 Days)

- DR caps, shirts, jackets
- Work shoes
- Coat/jacket
- Waterproof footwear
- Jeans/work pants
- Socks (2/day)
- Shirts
- Work gloves
- Underwear
- Rain suit/poncho
- Sleepwear
- Sneakers
- Flip flops
- Bandanas/handkerchief
- Laundry bag



### Hygiene

- Deodorant
- Hand sanitizer
- Soap/shampoo
- Body wipes
- Dental floss
- Mouthwash
- Chapstick
- Towels/washcloth
- Toothbrush
- Comb/brush
- Hairspray
- Shaving cream
- Razor
- Toilet paper



### Health & Safety

- Medicine (prescription & over-the-counter)
- Allergy kit: bees, etc.
- Sun block (SPF 15+)
- Diarrhea/laxative cures
- Antacids
- Insect spray
- Skin lotion
- Blister kit
- Foot powder
- Antifungal ointment/spray
- Healing ointment (Neosporin)



### Personal Needs

- Food
- Personal drinking water
- Diet food
- Snacks



*Remember to leave behind any info regarding where you are and how to contact you in case of emergency.*